SAGE Counselling Services

PRESENTS

Expressive Therapies Australia

Certificate in
Sandplay Therapy & Symbol Work
with children, adolescents & adults

NEW INTAKE: **17 MARCH 2027, TANAWHA, SUNSHINE COAST, QLD**

Sandplay therapy is a hands-on, expressive counselling and psychotherapeutic technique that has been used for over ninety years. It bridges verbal therapy and expressive, creative arts therapies, combining elements of each. The sandplay process is spontaneous and non-directed, while symbol work offers a more guided approach to exploring specific issues.

The Expressive Therapies approach to sandplay combines Jungian, Gestalt, play therapy and mindfulness concepts and methods through work with small symbolic objects, either in a sandtray or on art paper. Its playful approach can make the process inviting and less threatening, offering a gentle way to explore difficult experiences and support trauma recovery. Sandplay can help clients work through emotional and relationship difficulties and can be incorporated into traditional counselling with children, adolescents and adults

This twelve-day, in-person program of experiential training and supervision will equip you with practical skills to help clients build resilience and emotional confidence. Participants will explore their own personal growth through workshop activities and the option to participate in individual sessions with experienced Sandplay therapists, gaining firsthand experience of the client role.

12 DAY COURSE

92 HOURS

4x3 DAY WORKSHOPS OVER SIX MONTHS

- **SUPPORT TRAUMA RECOVERY**
- **BUILD EMOTIONAL RESILIENCE**
- **EXPLORE IMPLICIT & EXPLICIT PROCESSES**
- **EFFECTIVE FOR ALL AGES**

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www.sagecounsellingservices.com
0449 531 924

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This interactive program is designed for qualified practitioners in the mental health and helping professions, including counsellors, psychologists, social workers, guidance officers, teachers and occupational therapists. Those currently training in these fields are also welcome.

WORKSHOP 1 17 – 19 March 2027

Skills One: Foundational Skills

- Introduction to Sandplay Therapy & Symbol Work, terminology & theoretical development.
- History & evidence-based research.
- Facilitating a sandplay session.
- Sandplay equipment, including symbol collections & practical advice on setting up.
- Contraindications for use of symbolic work & ethical considerations.

WORKSHOP 2 12 – 14 May 2027

Skills Two: From Theory to Practice

- Psychological mechanisms in sandplay.
- Understanding spatial arrangements in the tray.
- Lowenfeld's theoretical framework – The World Technique.
- Creative doubt & uncertainty.
- Skills practice and case illustrations.

WORKSHOP 3 16 – 18 June 2027

Symbolic Expression, Trauma Care, Competencies

- Review of Kalff's theoretical framework.
- Themes in Sandplay.
- Exploring dreams with symbols.
- Sandplay in trauma-informed practice.
- Neuropsychology at work in sand.
- Competencies for Sand Therapy Professionals.
- Facilitation, observation & recording skills.

WORKSHOP 4 28 – 30 July 2027

Transpersonal Contexts, Jung's Typology – Individuation Process, Supervision

- Sandplay as a support for Transpersonal Psychotherapy.
- Jung's Analytic Psychology in sandplay.
- Working with groups.
- Transference and co-transference in Sandplay.
- Supervision for Sandplay facilitation.

Participants with prior training in the helping professions will receive the Certificate in Sandplay Therapy & Symbol Work. Other participants will receive a Statement of Attendance.

While the course supports professional and personal development, it is a professional learning program, it does not provide personal or group therapy. It does not qualify participants to practise with clients without prior training in a relevant, recognised professional field.

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REGISTRATION:
Book a place by payment and submitting the Registration Form
Contact Andrea via phone 0449 531 924
or email: andrea@sagecounsellingservices.com
Payment is required to secure your spot – places are limited.

FEES:
Bulk workshop price: $3800 ($950 x 4 workshops)
Early bird price $1050 per workshop
(if paid one month prior to workshop commencement)
Standard price: $1200 per workshop
Rate now includes 8 hours online group supervision for consultation and case presentation
Limited places are available, payment is required to secure your spot.
A 50% non-refundable deposit can hold a space.

Fee includes: 4 x 3-day in-person training workshops (includes morning and afternoon tea), extensive workshop manuals and an electronic 'Book of Readings' An additional 8 hours (4 x 2-hour sessions) online group supervision will be provided as well as a PDF version of the course text: Sandplay and Symbol Work by Mark Pearson and Helen Wilson (currently out of print).

COURSE TIMES: Each day from 9am to 5pm; last day ends at 4pm.

VENUE: Sage Counselling Services Rooms, Tanawha, QLD 4556

WHAT TO BRING: BYO Lunch or explore local cafes.
Large art pad (A3 size); oil or pastel crayons; biro; notebook/journal; an old towel. Bring a camera / iPad or iPhone to record sandplay pictures.

Experienced trainer, supervisor and practitioner in Sandplay Therapy and Expressive Therapies
ANDREA SNOW
M.Couns., B.Sc (Psychology)

This course has been designed to meet the requirements of the World Association for Sand Therapy Professionals' Sand Therapy Foundational Certificate As offered by Expressive Therapies Australia in conjunction with Sage Counselling Services

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